# ab219046 – Human Fibronectin SimpleStep ELISA® Kit

For the quantitative measurement of Fibronectin in human serum, plasma, milk, cell culture supernatant, and cell and tissue extract samples.

For research use only - not intended for diagnostic use.

For overview, typical data and additional information please visit: www.abcam.com/ab219046

**Storage and Stability:** Store kit at 2-8°C immediately upon receipt. Refer to list of materials supplied for storage conditions of individual components. Observe the storage conditions for individual prepared components in the Standard Preparation and Reagent preparation sections.

## **Materials Supplied**

Item	Quantity	Storage Condition
Human Fibronectin Capture Antibody 10X	600 µL	+4°C
Human Fibronectin Detector Antibody 10X	600 µL	+4°C
Human Fibronectin Lyophilized Recombinant Protein	2 Vials	+4°C
Antibody Diluent 4BR	6 mL	+4°C
Wash Buffer PT 10X	20 mL	+4°C
Cell Extraction Buffer PTR 5X	10 mL	+4°C
Cell Extraction Enhancer Solution 50X	1 mL	+4°C
TMB Development Solution	12 mL	+4°C
Stop Solution	12 mL	+4°C
Sample Diluent NS	50 mL	+4°C
Anti-tag coated microplate (12 x 8 well strips)	96 Wells	+4°C
Plate Seal	1	+4°C

# Materials Required, Not Supplied

These materials are not included in the kit, but will be required to successfully utilize this assay:

Microplate reader capable of measuring absorbance at 450 or 600 nm.

Method for determining protein concentration (BCA assay recommended).

Deionized water.

Multi- and single-channel pipettes.

Tubes for standard dilution.

Plate shaker for all incubation steps.

Optional: Phenylmethylsulfonyl Fluoride (PMSF) (or other protease inhibitors).

## **Reagent Preparation**

Equilibrate all reagents to room temperature (18-25°C) prior to use. The kit contains enough reagents for 96 wells. The sample volumes below are sufficient for 48 wells (6 x 8-well strips); adjust volumes as needed for the number of strips in your experiment.

Prepare only as much reagent as is needed on the day of the experiment. Capture and Detector Antibodies have only been tested for stability in the provided 10X formulations.

**1X Cell Extraction Buffer PTR (For cell and tissue extracts only):** Prepare 1X Cell Extraction Buffer PTR by diluting Cell Extraction Buffer PTR 5X and 50X Cell Extraction Enhancer Solution to 1X with deionized water. To make 10 mL 1X Cell Extraction Buffer PTR combine 7.8 mL deionized water, 2 mL Cell Extraction Buffer PTR 5X and 200 µL Cell Extraction Enhancer Solution 50X. Mix thoroughly and gently. If required protease inhibitors can be added.

Alternative – Enhancer may be added to 1X Cell Extraction Buffer PTR after extraction of cells or tissue. Refer to note in the Troubleshooting section.

**1X Wash Buffer PT:** Prepare 1X Wash Buffer PT by diluting Wash Buffer PT 10X with deionized water. To make 50 mL 1X Wash Buffer PT combine 5 mL Wash Buffer PT 10X with 45 mL deionized water. Mix thoroughly and gently.

**Antibody Cocktail:** Prepare Antibody Cocktail by diluting the capture and detector antibodies in Antibody Diluent 4BR. To make 3 mL of the Antibody Cocktail combine 300  $\mu$ L 10X Capture Antibody and 300  $\mu$ L 10X Detector Antibody with 2.4 mL Antibody Diluent 4BR. Mix thoroughly and gently.

### **Standard Preparation**

**IMPORTANT:** If the protein standard vial has a volume identified on the label, reconstitute the Fibronectin standard by adding that volume of Diluent indicated on the label. Alternatively, if the vial has a mass identified, reconstitute the Fibronectin standard by adding 500  $\mu$ L Diluent. Hold at room temperature for 10 minutes and mix thoroughly and gently. This is the 32,000 pg/mL **Stock Standard** Solution.

For **serum**, **plasma**, **milk**, **and cell culture supernatant samples measurements**, reconstitute the Fibronectin standard by adding Sample Diluent NS.

For **cell and tissue extract samples measurements**, reconstitute the Fibronectin standard by adding 1X Cell Extraction Buffer PTR.

Label eight tubes, Standards 1–8.

Add 225 µL of appropriate diluent (Sample Diluent NS or 1X Cell Extraction Buffer PTR) into tube number 1 and 150 µL of appropriate diluent into numbers 2-8.

Use the Stock Standard to prepare the following dilution series. Standard #8 contains no protein and is the Blank control:

75 μL 150 μL 150 μL 150 μL 150 μL 150 μL 2 5 3 32.000 8.000 4.000 2.000 1.000 500 250 125 pg/mL pg/mL pg/mL pg/mL pg/mL pg/mL pg/mL pg/mL

Sample Preparation

Typical Sample Dynamic Range		
Sample Type	Range	
Serum	1/320,000 – 1/20,000	
Plasma – Citrate or EDTA	1/640,000 – 1/20,000	
De-fatted Human Breast Milk	1/800 – 1/100	
HepG2 Cell Culture Supernatant	1/32000 – 1/2000	
HepG2 Cell Extract	1.56 – 25 μg/mL	
SW 480 Cell Extract	3.125 – 100 μg/mL	
U87-MG Cell Extract	0.3125 – 5 μg/mL	
Liver Tissue Extract	6.25 – 100 µg/mL	
Heart or Skeletal Muscle Tissue Extract	3.125 - 100 μg/mL	
Colon Tissue Extract	0.63 – 5 μg/mL	
Placenta Tissue Extract	0.16 – 1.25 μg/mL	

**Plasma:** Collect plasma using citrate or EDTA. Centrifuge samples at 2,000 x g for 10 minutes. Dilute plasma (citrate) samples at least 1/20,000 into Sample Diluent NS and assay. Dilute plasma (EDTA) samples at least 1/40,000 into Sample Diluent NS and assay. Store un-diluted plasma samples at -20°C or below for up to 3 months. Avoid repeated freeze-thaw cycles.

**Serum:** Samples should be collected into a serum separator tube. After clot formation, centrifuge samples at 2,000 x g for 10 min and collect serum. Dilute samples at least 1/20,000 into Sample Diluent NS and assay. Store undiluted serum at -20°C. Avoid repeated freeze-thaw cycles.

<u>Note</u>: Due to the high dilutions required for serum and plasma samples, we recommend to predilute the samples sequentially.

**Cell Culture Supernatants:** Centrifuge cell culture media at 2,000 x g for 10 minutes to remove debris. Collect supernatants and dilute samples at least 1/2,000 into Sample Diluent NS and assay. Store un-diluted samples at -20°C or below. Avoid repeated freeze-thaw cycles.

**Milk:** Centrifuge milk samples at 500 x g for 15 minutes at 4°C and collect the aqueous fraction using syringe attached to needle. Centrifuge the aqueous fraction at 3,000 x g for 15 minutes at 4°C and collect the final aqueous fraction (de-fatted milk) using syringe attached to needle. Dilute the de-fatted milk samples at least 1/100 in Sample Diluent NS and assay. Store un-diluted de-fatted milk at -20°C or below. Avoid repeated freeze-thaw cycles.

**Preparation of cell pellet extracts:** Collect non-adherent cells by centrifugation or scrape to collect adherent cells from the culture flask. Typical centrifugation conditions for cells are 500 x g for 5 min at 4°C. Rinse cells twice with PBS. Solubilize pellet at 2x10<sup>7</sup> cell/mL in chilled 1X Cell Extraction Buffer PTR. Incubate on ice for 20 min. Centrifuge at 18,000 x g for 20 min at 4°C. Transfer the supernatants into clean tubes and discard the pellets. Assay samples immediately or aliquot and store at -80°C. The sample protein concentration in the extract may be quantified using a protein assay. Dilute samples to desired concentration in 1X Cell Extraction Buffer PTR.

**Preparation of tissue homogenate extracts:** Tissue lysates are typically prepared by homogenization of tissue that is first minced and thoroughly rinsed in PBS to remove blood (dounce homogenizer recommended). Homogenize 100 to 200 mg of wet tissue in  $500 \, \mu L - 1 \, mL$  of chilled 1X Cell Extraction Buffer PTR. For lower amounts of tissue adjust volumes accordingly. Incubate on ice for 20 minutes. Centrifuge at  $18,000 \, x$  g for 20 minutes at  $4^{\circ}$ C. Transfer the supernatants into clean tubes and discard the pellets. Assay samples immediately or aliquot and store at  $-80^{\circ}$ C. The sample protein concentration in the extract may be quantified using a protein assay. Dilute samples to desired concentration in 1X Cell Extraction Buffer PTR.

#### **Plate Preparation**

The 96 well plate strips included with this kit are supplied ready to use. It is not necessary to rinse the plate prior to adding reagents. Unused plate strips should be immediately returned to the foil pouch containing the desiccant pack, resealed and stored at 4°C.

For each assay performed, a minimum of two wells must be used as the zero control. Differences in well absorbance or "edge effects" have not been observed with this assay.

#### **Assay Procedure**

Equilibrate all materials and prepared reagents to room temperature prior to use. We recommend that you assay all standards, controls and samples in duplicate.

- Prepare all reagents, working standards, and samples as directed in the previous sections.
- 2. Remove excess microplate strips from the plate frame, return them to the foil pouch containing the desiccant pack, reseal and return to 4°C storage.
- 3. Add 50 µL of all sample or standard to appropriate wells.
- 4. Add 50 µL of the Antibody Cocktail to each well.
- 5. Seal the plate and incubate for 1 hour at room temperature on a plate shaker set to 400 rpm.
- 6. Wash each well with 3 x 350 µL 1X Wash Buffer PT. Wash by aspirating or decanting from wells then dispensing 350 µL 1X Wash Buffer PT into each well. Wash Buffer PT should remain in wells for at least 10 seconds. Complete removal of liquid at each step is essential for good performance. After the last wash invert the plate and tap gently against clean paper towels to remove excess liquid.
- 7. Add 100 µL of TMB Development Solution to each well and incubate for 10 minutes in the dark on a plate shaker set to 400 rpm.

  Given variability in laboratory environmental conditions, optimal incubation time may vary between 5 and 20 minutes. Note: The addition of Stop Solution will change the color from blue to yellow and enhance the signal intensity about 3X. To avoid signal saturation, proceed to the next step before the high concentration of the standard reaches a blue color of O.D.600 equal to 1.0.
- 8. Add 100 µL of Stop Solution to each well. Shake plate on a plate shaker for 1 minute to mix. Record the OD at 450 nm. This is an endpoint reading.
- 9. Alternative to 7 8: Instead of the endpoint reading at 450 nm, record the development of TMB Substrate kinetically. Immediately after addition of TMB Development Solution begin recording the blue color development with elapsed time in the microplate reader prepared with the following settings:

Mode	Kinetic	
Wavelength:	600 nm	
Time:	up to 20 min	
Interval:	20 sec - 1 min	
Shaking:	Shake between readings	

**Note**: that an endpoint reading can also be recorded at the completion of the kinetic read by adding  $100 \, \mu L$  Stop Solution to each well and recording the OD at 450 nm.

Download our ELISA guide for technical hints, results, calculation, and troubleshooting tips: www.abcam.com/protocols/the-complete-elisa-guide

For technical support contact information, visit: www.abcam.com/contactus

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